



We want to **innovate** health&care together,

We want to accelerate the development of better, innovative, cheaper and more effective solutions in healthcare, to improve the quality of life of people with special needs, the elderly, and those who are vulnerable or in a fragile condition.

Co-design is a horizontal, inclusive, process. No one knows everything on a specific issue: that is why we actively involve people from different fields of expertise throughout all phases of the design process.

Everyone has a contribution to make. Doctors, caregivers, people with special needs, family members, makers, designers, policy makers have different points of view. All of them are needed to find innovative, feasible, effective solutions.

A change is needed on every level. How new technologies could impact research is as important as how to give a voice to people making in decisions impacting their health.

using co-design and technology to develop accessible solutions and **empower users.**

Technologies are widely used in Fab Labs and makerspaces around the world. They help to quickly create solutions that can be easily tested, locally produced and replicated.

Access to healthcare solutions around the world is an unsolved issue. Because of cost, inaccessible spare parts, ineffectiveness, standardization of the products, etc. people everywhere struggle to get what they need.

We want to improve people's quality of life by co-designing solutions while actively involving all the users in the process. Empowering people could be as impactful as providing a new solution.

Replicate, make **locally** and share to increase positive impact and enable a **distributed model** of innovation.

We don't (only) want to create great concepts, but rather impactful solutions to be produced and used by someone. We want to manufacture locally, to guarantee the user's involvement, their empowerment and needed customization.

Digital fabrication, open software, accessible tools and iterative processes help to create solutions that can be replicated by a wider number of people, and replication is the only way we can guarantee a solution reaches those who need it.

No matter how innovative a solution could be, no one needs to start from scratch. Use ideas and solutions developed and shared by others, document and publish your own, mention all the authors in the credits. These are the three pillars of bottom-up changes.

We focus on people, but we want to change society. We want Fab Labs to focus on their local communities more, starting from the most vulnerable. We want to show ways to be inclusive, redesigning the environments that rule out parts of the population. We want to rethink how we take care of ourselves and each other.

Some issues cannot be solved unless we work systemically and include the whole community. Healthcare is one of the fields in which we need a new approach to innovation. The distributed model is a way of tackling shared problems on a global scale while acting locally. It requires a network of interconnected realities that can efficiently act at a community level by exchanging solutions, methods, and ideas.